

Welcome!  
Nashoba Regional High School  
Class of 2026



**Home of the Wolves!**



## Who We Are

NRHS is a welcoming school community that works to instill a joy of learning by inspiring, engaging and supporting our youth to become the innovative leaders of tomorrow.

# Meet Your Team!

## Administration



- **Dr. Kate Boynton, Principal**
- **Jeanine Boulay, Assistant Principal**
- **Jon Krol, Assistant Principal**
- **Matt Biggs, Dean of Students**
- **Tania Rich, Athletic Director**

# Meet Your Team!

## Department Chairs

- Applied Arts/Business - Andy LeBlanc
- World Language - Maria Davis
- ELL - Jaana Thorarensen
- English - Loretta Williams
- Guidance - Jodi Specht
- Math - Rick Kempskie
- Science - Linda Peer
- Social Studies - Jon French
- Special Education - Katie Giannetti
- Wellness - Pete Connery
- Fine & Perf Arts - TBD





# Let's Hear From Some Current NRHS Students

- **Calan McGowan**
- **Megan Conant**
- **Will McPhail**
- **Ailin Oberlies**

# Graduation Requirements

**90  
credits  
total**

English	4 years
Social Studies	3 years (including US History)
Science	3 years
Math	3 years
World Language	2 years
Applied Arts	1 Year (at least one semester of a technology designated course)
Fine and Performing Arts	1 year
Wellness	4 years
MCAS	English, Math & Science (grade 10)



# 2 sample schedules

Mixed Levels

Interest Areas

Study time

Sports, Activities, Friends & Fun

Comfortably Challenged



Period	Term/Year	Course Name	Credits
A(1-8)	22-23	ACC Science: Principles & Experimental Techniques	4.0
B(1-8)	22-23	ACC Algebra 2 & Trigonometry	4.0
C(1-8)	22-23	HON Spanish 2	4.0
D(1-8)	22-23	HON World History	4.0
E(1-8)	22-23	HON English 9	4.0
F(1-8)	S1	NL Ceramics 1	2.0
F(1-8)	S2	NL Digital Photography	2.0
G(1,3,5,7)	22-23	NL Wellness	2.0
G (2,4,6,8)	22-23	Study Hall	0.0

Period	Term/Year	Course Name	Credits
A(1-8)	22-23	NL Band	4.0
B(1-8)	22-23	CP Algebra 1	4.0
C(1-8)	22-23	ACC French 1	4.0
D(1-8)	22-23	ACC Humanities World History	4.0
E(1-8)	22-23	CP Science: Principles & Experimental Techniques	4.0
F(2,4,6,8)	22-23	Study Hall	0.0
F(1,3,5,7)	22-23	NL Wellness	2.0
G(1-8)	22-23	ACC Humanities English	4.0



# Applied Arts Business Classes



Business	Grade level	Prerequisite
Intro to Business YR	9-12	
Accounting YR	9-12	
Banking SEM	9-12	
Economics SEM	9-12	
Entrepreneurship SEM	9-12	
Personal Finance SEM	9-12	
Marketing SEM	9-12	
Sports and entertainment marketing SEM	10-12	Marketing
Marketing and community partnership SEM	10-12	Marketing







# Nashoba Regional Digital Creativity



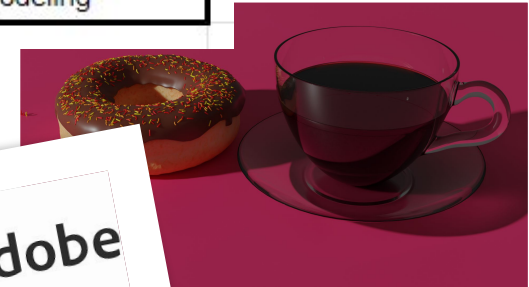
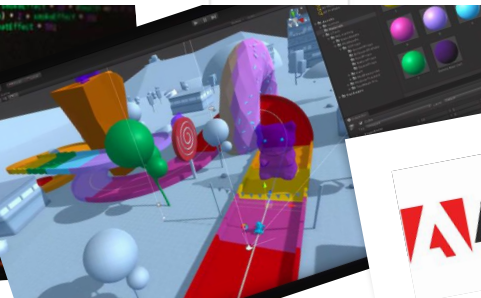
Digital Creativity	Grade level	Prerequisite
Intro to digital creativity with Adobe SEM	9-12	
Graphics 1 SEM	10-12	
Graphics 2 SEM	10-12	Graphics 1 or Intro to Digital
Graphics 3 SEM	11-12	Graphics 2
Intro to game design SEM	9-12	
Advanced game design SEM	10-12	Intro to Game
Computer modeling and animation SEM	9-12	
Advanced 3d computer modeling and animation SEM	10-12	Computer Modeling



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kToTitle.cs 51
Start.cs   52
Main.cs    53
Wave.cs    54
55
56 void OnTriggerStay(Collider c)
57 {
58     var fire = c.GetComponent<Fire>();
59     if (fire != null)
60     {
61         float dist = Vector3.Distance(transform.position, c.transform.position);
62         if (dist < fire.range)
63         {
64             fire.Fire();
65         }
66     }
67 }
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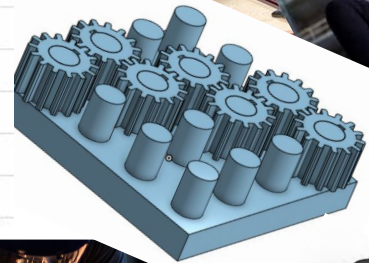
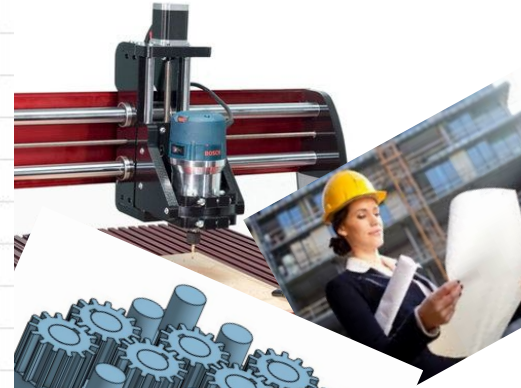
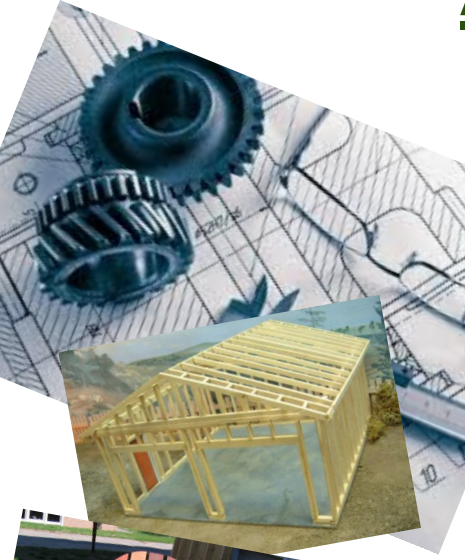
# Nashoba Regional Applied Arts Tech/Ed



<b>Engineering</b>	<b>Grade level</b>	<b>Prerequisite</b>
Robotics and Drone Technology YR	9-12	
Design and Manufacturing SEM	9-12	
Engineering drawing part 1 SEM	9-12	
Engineering drawing part 2 SEM	9-12	Drawing part 1

<b>Conststruction, Woods and Metals</b>	<b>Grade level</b>	<b>Prerequisite</b>
Intro to woodworking and production and design Sem	9-12	
Wood working 1 YR	10-12	Intro to Wood
Construction basics YR	11-12	Intro to Wood
Intro to metal production and design SEM	9-12	
Metal manufacturing technology 1 YR	10-12	Intro to Metals



# English Learner Education (ELE) Program

Jaana Thorarensen

The ELE Program provides English as a Second Language (ESL) classes to learners of English of all proficiency levels in their process of language acquisition. The focus in each class is to increase speaking, listening, reading, and writing skills in English. We also focus on learning strategies and study skills that will be applied to all subject area classes. Currently at NRSD, 24 languages are represented by NRSD students and their families.



# Wellness - Pete Connery

“Something For Everyone”



“Social Emotional Topics”

PLT4M

Smart Social Media Decisions

RAD

Fitness

MVP

Health

*Team Work*

*SPORTSmanship*

“Mindfulness”

YOGA

FOODS

Team Games

Anti Bullying/Hazing



*Individual Skill*

Concussion Awareness

EXERCISE

FOODS

COOPERATIVE GAMES

CARDIO

# World Language - Sra. Davis

All students have a two year World Language requirement for graduation. Students are encouraged to progress in the chosen language(s) as far as possible. Modern language classes are offered in French, German, and Spanish and stress the four skills of world language study: listening, speaking, reading, and writing.

Offerings: French I, German I, Spanish II, Spanish I Novice, Spanish I Advanced



# ENGLISH - LORETTA WILLIAMS

We, the English Department of Nashoba Regional High School, believe that all students can learn and improve their understanding and skills in reading, writing, speaking, and listening. All teachers will facilitate this understanding and development of skills through varied approaches.

Freshman Humanities (CP/ACC)	Freshman English: Themes of Humanity in Literature (CP/ACC)	Freshman English: Themes of Humanity in Literature (Hon)
<p>World Humanities is a thematically taught course that focuses on major events in World History through the lens of literature, non-fiction texts, art, and music. This course will provide four history credits and four English credits. This is a full-year class and is scheduled for a double period.</p>	<p>Students will examine essential questions focused on the duality of humanity, friendship and compassion, overcoming adversity, and responsibility and growth.</p>	<p>Students will examine essential questions focused on the duality of humanity, friendship and compassion, overcoming adversity, and responsibility and growth. Students will be expected to work at a more rigorous pace with a higher level of independence.</p>



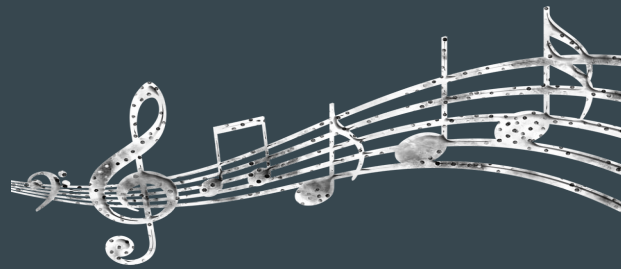
Tri-M Music Honor Society

General Music

Intro to Guitar  
Intro to Piano  
Songwriting  
Music Technology  
Diverse Voices Music

Music Theory

Music Theory I  
Music Theory II  
AP Music Theory



# NRHS MUSIC

Mary Kate Pezzillo - Choir  
Joe McCarthy - Band



Band Ensembles

Concert Band  
Intermediate Jazz Band  
Advanced Jazz Band

Choral Ensembles

Concert Choir  
Unified Choir  
Broadway Ensemble  
Chamber Choir  
A Cappella Club

# Visual Arts

Art is taught as a *visual language* through which students learn to express thoughtful ideas and concepts. All courses emphasize the use of the Principles of Design to achieve aesthetically pleasing compositions and require thoughtful planning, persistence and creative problem solving.

## Semester Courses: 2 Credits

**Ceramics I** Introduction to hand-building and the wheel  
\*Emphasis on exploration, planning, persistence, craftsmanship

**Ceramics II** Continued skill development  
\*Emphasis on problem solving, expression, high craftsmanship

**Digital Photography I** Introduction to camera, Photoshop, composition, Principles of Design

**Digital Photography II** Continued skill development  
\*Emphasis on development of artistic voice & high craftsmanship

**Printmaking & Silkscreening** Introduction to various styles of printmaking on paper and silkscreening on fabric  
\*Emphasis on exploration, planning, expression, craftsmanship

## Full Year Courses: 4 Credits

**Art Studio I** Introduction to Principles of Design through a variety of mixed media \*Emphasis on exploration, planning, persistence, expression, craftsmanship, reflection

**Art Studio II (Accelerated)** Continued skill development  
\*Emphasis on expression, high craftsmanship, reflection & critique

**Art Studio III (Accelerated)** Continued skill development  
\*Emphasis on development of art portfolio

**AP Art Studio**  
\*Emphasis on high motivation, independence, skillful productivity, writing, and thoughtful development of two depth and breadth art portfolios

<https://sites.google.com/mynrsl.com/fine-arts/home>



# Math - Rick Kempskie

## 9th Grade Offerings

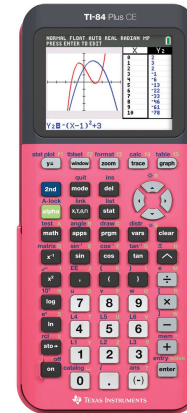
Algebra 1 (CP/Acc)

Algebra 2 (Hon/Acc)

Intro to Computer Programming (NL)

**Calculators: TI-84C or Scientific Calculator**

True/False	I ❤️ MATH!!
True/False	I ❤️ very challenging math problems!!
True/False	I ❤️ solving problems!!



**Join the math team!**

**Worcester County Math League**

# Science: Linda Peer

The science teachers shared what they wanted you to know about our department...

“Inquiry-based”    “strong AP program”    “*Several electives*”    “MCAS results”

“Experienced staff”    “Hands-on labs”    “Many seniors double and triple up”

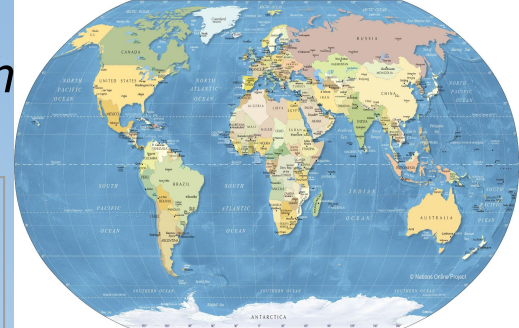
Course Description	Credits	Level/s
<b>Science Principles &amp; Experimental Techniques:</b> Basic physics topics covered conceptually and mathematically, emphasis on laboratory work, opportunities to hone scientific skills that will be used throughout high school and beyond	4	College Prep, Accelerated
<b>Physics w/Engineering Applications:</b> Project-based course emphasizing the engineering design process and scientific method, mathematical practices used consistently throughout the course	6	Accelerated, Honors

**YOU MATTER.**

Until you multiply  
yourself times the speed  
of light squared.  
Then you Energy.

# Social Studies - Jonathan French

## “Other People Matter”



### Freshman World History (CP, ACC and Honors )

- This course provides a foundation for the study of World and American history, literature, and the fine arts. Selected topics from both Western and non-Western cultures are studied from an economic, political and social aspect.
- Students interested in the Honors course should meet the criteria outlined on page 8 of the Program of Studies.
- Students in the accelerated level are expected to do independent reading, handle research topics, and write at an advanced level.

### Freshman World Humanities (CP/ACC)

### Freshman English: Themes of Humanity in Literature (CP/ACC)

- This is a full-year class and is scheduled for a double period.
- World Humanities is a thematically taught course that focuses on major events in World History through the lens of literature, non-fiction texts, art, and music

**Note: *Students must take both Humanities English and Humanities History - and will receive credit in each.***

### Civics on Demand (CoD)

1. Demonstrate civic knowledge, skills, and dispositions.

### Connection Investigations (Connectignations)

2. Identify and Compare Historical Periods, Patterns, and Themes (Synthesis) Through the Development of Focused Questions or Problem Statements and By Conducting Inquiries. Furthermore, Understanding Context is Essential to this Practice.

### Don't Get Catfished

3. Evaluate the credibility, accuracy, and relevance of each source.

### Critical Source Investigation (CSI)

4. Organize information and data from multiple primary and secondary sources.

### Deep Dive

5. Analyze the purpose and point of view of each source; distinguish opinion from fact.

### Back It Up!

6. Argue or explain conclusions using valid reasoning and evidence.

### Pay It Forward

7. Determine next steps and take informed action, as appropriate.

# Special Education

We offer a continuum of services from substantially separate programming to inclusion supports across academic levels and any combination in between!.

**8th grade IEP transition meetings will occur June 6th-10th**

Middle school and high school staff will be present to discuss your student's classes and service delivery, as well as to answer questions.

- Please contact me with questions

Katie Giannetti [kgiannetti@nrsd.net](mailto:kgiannetti@nrsd.net)

Special Education Department Head NRHS & Team Chair, Grade 8

# Freshman Study Skills

- Study Hall vs. Study Skills
- Division of Period Time
- Topics
- Monitoring Grades
- Learning Style
- One on One Help
- Quiet vs. Group Study
- Rewards & Perks



# How to Prepare your Child for High School

**Encourage students to become active at NRHS- But find a healthy balance.**

- ◆ Recognize increased demands on student time - academics, athletics/clubs & socially
- ◆ Emphasize self-care - sleep, nutrition

**Start with Increased Responsibility**

- ◆ Help develop self-advocacy skills
- ◆ Encourage students to seek teachers out for extra help outside of class

**Less is more...**

# How We Support Students

- Building Relationships:  
Guidance Counselors and Assistant Principals follow students all four years
- Dean of Students
- Counseling available for students who need additional supports to access curriculum

- Tutoring - NHS
- Freshmen Study Skills
- Bridge Program
- Connections through clubs, sports and activities
- Student/Teacher collaboration:
  - Before/After School Help
  - Study Hall

# Ways to Get Involved

**NRHS Has Something For Everyone!**

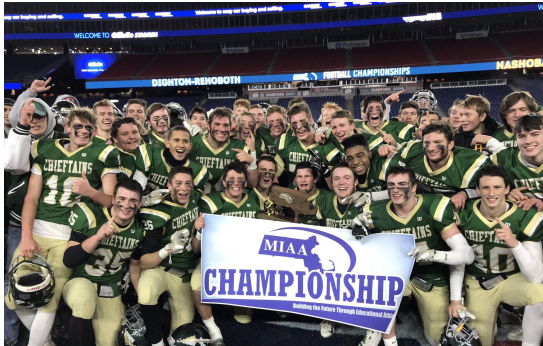
- Sports
- Clubs
- Service
- Travel
- Music
- Art
- Drama
- STEM
- Student Government





# Interscholastic Athletics

- Fall pre-season information will be shared in June
- **Fall tryouts will begin on August 22nd (Football begins on August 19th)\***
- Requirements for Participation: Online registration, user fee, and Physical Exam form (physical exams are valid for 13 months to the day)
- **Fall Sports Offered:** Cheer, Cross Country, Field Hockey, Football, Soccer, Golf, Volleyball
- NRHS offers over 50 teams across 21 sports



Additional information can be found on the Athletics website or contact the Athletic Director, Tania Rich, at [trich@nrsd.net](mailto:trich@nrsd.net)



*\*Dates subject to change*

# 8th Grade Course Selection Process

- February 28th - 8th graders receive a hard copy of the Program of Studies
  - Week of 3/7 - Dr. Boynton, Ms. Boulay, Mr. Biggs, and Ms. Specht present at each of the three middle schools
  - 3/18 - Course recommendations by teachers are due
  - 3/24 - High school counselors visit each middle school and begin course sign ups with 8th graders
  - 4/1 - Course sign up deadline
- 
- ❖ **A balanced schedule is key - challenging but not too overwhelming**
  - ❖ **Read the descriptions in the Program of Studies**
  - ❖ **Talk to your 8th grade teacher for recommendations**

# Thank You for Coming Tonight!



For more details you can email:

**Dr. Kathleen Boynton,  
Principal -**

[kboynton@nrsd.net](mailto:kboynton@nrsd.net)

**Jeanine Boulay, Assistant  
Principal -**

[jboulay@nrsd.net](mailto:jboulay@nrsd.net)

**Katie Kuykendall,  
Guidance Counselor -**

[kkuykendall@nrsd.net](mailto:kkuykendall@nrsd.net)

# Self Guided Tour Information



SCAN ME

